

Introduction

Meet the Students	1
School Project.....	2

Learning to Be a Good Friend

Making Friends	3
Taking Turns.....	5
Joining a Group	6
Special Needs Friends	8
Empathy	9
Loaning Possessions to Friends	10
Respecting Others' Property	11
Cheating	12
Disagreement with Friends	14
Saying "No"	15
Ignoring Friends' Behavior.....	16
Giving Feedback.....	17
Ignore Annoying Behavior or Give Feedback?..	18
Standing Up for Your Rights	19
Nonverbal Communication.....	20
Put Downs.....	21
Declining Invitations	22
Giving and Receiving Complements	23
Mealtime Manners	24

Adults Are Friends, Too

Being Introduced to an Adult	25
Getting Along With Adults	26
Conversation.....	27
Being Honest.....	28
Accepting Consequences	29
Asking Favors.....	30
Helping Others.....	31
Complying with Requests	32
Accepting Criticism	34
Stating Your Opinion	35
Disagreeing With Adults	36
Questioning Rules.....	37
Making Complaints	40
Please, Thank You, Excuse Me and You're Welcome	41
The Project is Finished	42

Answer Key

.....	43
-------	----

Meet the Students

You're familiar with rules that apply to games you play with friends. There are also rules that apply to getting along with other people.

Friendships are important to you. If you're like most students, you have probably experienced some difficult times with your friends. Friends can be frustrating at times.

This book will help you decide when to ignore friends' annoying behavior and when to tell them how you feel. You will learn why it's not always "what you say" but "how you say it" that may make a friend angry. You will also practice declining an invitation when you don't want to go somewhere or when you already have other plans.

Now that you are older, you may have noticed that adults treat you differently. You have more freedom and more responsibility. This book suggests some guidelines to help you get along well with adults. You'll practice giving your opinion, making complaints, and questioning rules in ways that older people find acceptable and that feel comfortable to you.

Hi, my name is Tabitha. This is Brianne and Roberto. We're going to tell you about a special day our class has planned to help other students "be the best they can be." Turn the page to see how it all started.



School Project

Every year we work on a project to improve the school in some way. Does anyone have an idea for the project?

Well, since our class has a reputation for being unique, I think our project should be unique, too.

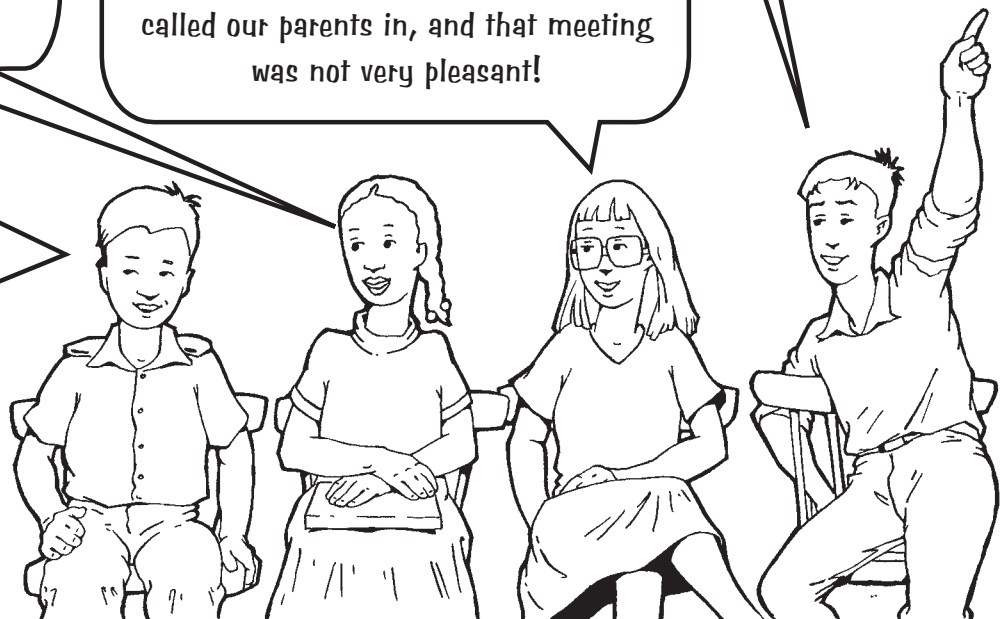


We finally decided that becoming the best students we could be depended on getting along with others.

That's it! For our project let's plan a special day to teach everybody what we've learned about getting along with others.

Canceling that field trip got our attention. The teachers and principal called our parents in, and that meeting was not very pleasant!

Yeah! Remember in first grade our field trip was cancelled because our behavior was so bad?



Making Friends



The first step in getting along with others is making friends. One way to make friends is to talk to kids who have similar interests. Create or find a poster that has one of your interests written on it. Talk to the people who are also interested in that topic.

1. Doing an activity together is a good way to make new friends. Check the activities you enjoy. Compare your list with a new person in your class or a group of your friends.

- | | | | |
|--|---|-------------------------------------|---------------------------------------|
| <input type="checkbox"/> band | <input type="checkbox"/> video games | <input type="checkbox"/> soccer | <input type="checkbox"/> skiing |
| <input type="checkbox"/> chess | <input type="checkbox"/> cooking | <input type="checkbox"/> football | <input type="checkbox"/> dancing |
| <input type="checkbox"/> arts and crafts | <input type="checkbox"/> orchestra | <input type="checkbox"/> basketball | <input type="checkbox"/> gymnastics |
| <input type="checkbox"/> electronics | <input type="checkbox"/> reading | <input type="checkbox"/> bicycling | <input type="checkbox"/> baseball |
| <input type="checkbox"/> cheerleading | <input type="checkbox"/> writing | <input type="checkbox"/> swimming | <input type="checkbox"/> movies |
| <input type="checkbox"/> computers | <input type="checkbox"/> camping | <input type="checkbox"/> hiking | <input type="checkbox"/> music |
| <input type="checkbox"/> chorus | <input type="checkbox"/> rock climbing | <input type="checkbox"/> fishing | <input type="checkbox"/> singing |
| <input type="checkbox"/> drama | <input type="checkbox"/> astronomy | <input type="checkbox"/> canoeing | <input type="checkbox"/> animals |
| <input type="checkbox"/> sewing | <input type="checkbox"/> horseback riding | <input type="checkbox"/> diving | <input type="checkbox"/> volunteering |